

So let's start the recording. Alright. You guys conference goers, yay, right? Very excited.

Alright, so what I want to do is I want to explain a couple of things. Tell you how fabulous Scarlett is if you don't already know and then turn it over to her, okay?

So, Scarlett was going to be at the conference something has come up and she cannot make it but she still wanted to get you guys ready for the conference with your headshot and your clothes.

So that's why we're having this session today. Now we do have someone named Kim Middlestad who I have been introduced to.

I actually knew her, known her for a year and I didn't realize it who specializes in something similar to to scarlet and has very she's very aligned with Scarlett's beliefs and I thought, okay, so she's going to come speak to us at the conference.

So this is our bonus round, okay? So the way that the headshots are going to work at the conference is on Sunday we have a photographer he's going to be with us for 5 h and each person is going to be getting 3 headshots, right?

3, 3 photographs and You're gonna be cycling through in and out of the room just down the hall throughout the day and I'm gonna give you your slot when you register on Saturday.

I'll give you a ticket or whoever's helping will give you a ticket and if you don't like your time you can trade with somebody else but you'll wanna you know make sure that you scoot down the hall.

I have to find out how to pronounce the name of the photographer. He's He's Latin and I think it's yours, but I'll but I'll find out so that I've only we have a whole full relationship and I'm text and email.

And so that's the how that's going to work. So, Scarlett. Is amazing.

Scarlett has been helping me with my clothes since 2,016 when I moved from I think it was 2016, maybe 2017, but a long time when I moved from Boston where people are very relaxed in their clothing to Fairfield County and I wanted to I wanted to feel I wanted to get a little bit more dressed up and that and that was my challenge when I moved here.

So Scarlett has done an amazing job finding clothes that are already in my closets put out outfits together.

We've also gone shopping and one my favorite thing that she ever did for me was Charlie was graduating from college.

Like 5 or 6 years ago and I was meeting Greg's ex-wife and I was really nervous and I always bring way too many clothes and I throw in an extra pair of shoes and you know it's never just exactly the way I want it to be.

So I, Scarlett said that she would, she has the debit card system. Do you still have a debit card system?

I do, but it's not promoted. It's for special clients.

Okay, alright, cool. So she has for me, I'm special, I guess, yay, have a debit card system and and she I put my laptop on the bed and we packed my suitcase together and I got there I had because I didn't know if I was going to meet her in my bathing suit or a graduation, you know, and I wanted to, I wanted to feel good.

That was really it. I wanted to feel confident. It wasn't about impressing anyone. It was just feeling good, you know, and I did and I hung all my pretty little clothes.

In the closet and got them all steamed and ready and just had a fabulous time. And, and the result of that and, and a girl's help was that There was some strife in the family about everyone coming together and because I felt so confident I made a change in our family.

I introduced myself. I brought the 2 sides of the family together and it's because I had the confidence.

I don't know if I would have done that if I was pulling on my clothes and feeling uncomfortable, you know, so it does make a difference.

Yeah.

So with that, I'm going to turn it over to Scarlett.

Thank you. And I did that virtually and we don't even live that far apart from each other.

That's right.

That's the funny thing. All right, so virtual assistance. So you, you know, you might think you're invisible or you you know you might think you're invisible or you're not really seen but you are you're not invisible or you're not really seen but you are you're not invisible because every day you're not really seen but you are you're not invisible because every day you are

seeing, but you are, you're not invisible because every day you are seeing yourself. I always say the most important first impression is the one that you have to yourself, because every day you are seeing yourself.

I always say the most important first impression is the one that you have to yourself when you look in the mirror when you put something on.

And you know, you love it or you don't. And every time you are making that impression, you're doing it to yourself and to potential clients, and to existing clients.

And I want you to be seen as creative. Organized, put together and that word that Belinda used a lot confident.

And you need to dress in a way that makes you look and feel like you are confident, successful, smart, cause you are, you going to the conference, for instance, that shows that you're pretty smart and that you are a problem solver.

You have to look like you're worth the money that you are asking others to invest in you. When it comes to us and our bodies and all our lumps and extras and all the things that we don't like about ourselves.

I'm gonna tell you that perfect doesn't exist. But looking and feeling your best in what you wear does.

You don't have to change you. You have to change your clothes. If you open up your closet and you get frustrated and stressed out, that's a sign that what you are having or what you're buying is not really right for you.

I always say, you know, women get insecure and stuff, they think that something's wrong with them so they go on these diets, they start working out like crazy or they just credit, you know, self criticism.

It's never the size you are. It's that you have to change the clothes that you're wearing.

Period. And you can't afford to make a bad impression to yourself because it ruins your day and you certainly don't want to make a bad impression to others.

Because Really exciting Belinda, you didn't even know what I was gonna say, but when you lose your self-confidence, you lose your power.

She had power that day. You have power when you feel good about yourself and you're not thinking about How the clothes are fitting, but everything's right. You're not you're here then.

You're not you're in your head for giving your message and talking and and working and not like putting yourself down and basically ignoring a problem or waiting to fix it.

It ends up costing you money because when you don't feel good it costs you money you don't want to be seen it's costing you money if people don't see you as being put together it's costing you money and people are likely hiring you for the same reason they're ignoring problems.

They kept trying to do something on their own and it wasn't working. They're reaching out to you.

You want to be able to solve your own problem. So that you can send that message that you are a problem solver.

And when you do well in business. You know, you're gonna be seen as an expert. You're gonna be seen as potentially solving everybody's problems that you work with.

That's what you want to be seen and you don't want to look like you have. Some issues yourself.

So for those headshots, I'm gonna give you some tips. On what to wear, what to bring so that the headshot is a success and that you have that confidence because when you're not thinking all the time you can work on your smile and following the photographer's directions, already put your hand or you know you're not self-conscious, right?

So the first tip I wanna give to everybody is the color that you wear. This is the first thing I do when I work with somebody.

It's really important to end the headshot. You want to wear a color that brings out your eyes.

If you are blessed, with blue, green, hazel, gold. You know, violet is actually valid.

I you want to wear a color that makes that color just boom pop out. Belinda has incredible colored eyes.

I've seen so many people who will have blue, green eyes and don't realize that wearing certain blues and greens will make that I'm more prominent.

I'd actually get a presentation few weeks ago and I called up a woman on stage because there was something about her outfit that I wanted to show could be tweaks to make better and I literally asked her what color her eyes were.

Because I could not tell. She was wearing, brown. And she said blue. And then I took my blue pon show that I had with me a blue sweater and I put it under her face and the audience Who was in a theater?

The audience gasped. Because all of a sudden they could see her eyes. So don't let those important eyes.

Disappear on you. They are the ones that speak. They're that first impression. You know, and on a photo, it really, really counts.

If you have dark eyes like me, then black or chocolate proud or navy, that'll work for you.

But if you have colored eyes, show them off. Make me jealous. I already am but make me more jealous.

You know by wearing a c that's right for you Be mindful of the color of the clothing that you wear in the sense of is it flattering or not so If you're looking a little yellow.

It's not a good color for you. If your whites of your eyes are your teeth and I'm not kidding this happens look a little yellow or your skin a little gray or all of a sudden the under eye circles Look darker.

The color is too strong for you. It's overpowering for you. It's in the wrong you.

It's just not right for you. Okay, so Stick to colors that make your skin look healthy.

So that you don't look sick, because that's what happens if you're wearing their own colors.

So think of the eyes first. And then think of your skin color. And might even smile and check to see if your teeth look white or not.

Because if they don't look whiter, it's a bad color for you. So have some fun with color.

Don't just go. Don't wear a white top. Because why it's not for everybody.

Try not to wear just black because it can look a little depressing. Alright, so I'm gonna get into like accessories and all that kind of stuff too.

Switching away from color for a second, I want you to wear clothes that you are comfortable in.

So that you are not. Well, it around the bra strap. Or you're not tugging here a lot of women wear clothes that are the fit is not quite right so if it's a little too big things are falling off you know if it's a little too tight or they're worried about it being too tight there's a lot of fidgeting too tight.

There's a lot of fidgeting. Every time you have to touch yourself when you're wearing something, you are sending a message to yourself.

Unconsciously. That there's something wrong. It adds insecurity to you. We don't need to add insecurity.

We got plenty. We're good, right? So where something that you are comfortable in that you can have lunch in or have the cross sounds with the breakfast and not worry.

That's something's gonna give. Something's gotta go. Something's gonna pop, okay?

So be comfortable. Do not be self conscious because you worry something. One, it's a little bit too big.

So wear clothes that fit you as you are right now for the hedge, you are right now for the hedge, for generally speaking, as you are right now for the hedge, for generally speaking, but for the headshot so that you have fidgeting in that thinking and you're not up here, all right?

I want you to be thinking of the headshot as a way to send the message. To all, I got my stuff together.

You can say that.

I almost said something else. I got my stuff together. It's like never did in the world.

It's up. So do the comfortable. Now when it comes to necklines. For every single person everybody has a different neckline that's right for them.

But I'm gonna ask you, generally speaking, don't wear very low necklines. They can throw proportions off.

It's the whole thing. That's the whole thing I do with my clients, but you want to keep everything kind of up here.

All right, it's got nothing to do with modesty. It's about proportions.

And if you have too much skin showing, it can throw things off sometimes. Plus, this is where you want the eye.

This is where you want the attention right here. Okay, so Have a neckline that's a little bit higher.

I'm not talking up here, but just a little bit higher, like kind of like where mine is actually.

That generally speaking will be good for you for the headshot. And then you want to use some accessories.

Now to me, a headshot should show some personality. You are problem solvers. You are creatives.

You are there to fix somebody else's stuff. To do the things they can't do. Or they don't wanna do or they don't know how to do or they don't even know they have to do it.

So you want to show that you have a little innovation. So this is a chance to show a little creativity.

So I'm big on necklaces. You, I mean, I love them. You know, I love accessories because to me they can change any outfit into something special.

You can wear the same dress, because to me they can change any outfit into something special. You can wear the same dress 4 days in a row and change accessories and nobody will know or the same paint on top.

So you accessories to add some interest. So for instance, back to the color again, if you have some, you know, eyes blue or green, whatever, then wear an earring.

This is a really teeny, you know, but it's kind of blue stone on it, very pretty for someone like Belinda or he has a little bluish green like a little teal where something here does it's going to make these pop.

Even my brown, my dark brown eyes look good with something like this. Is it kind of adds little contrast?

So. Think about that. Necklaces. If you're gonna have, a bow, like I wore this on purpose actually, I'm not wearing a necklace, which is like shocking for me, but I have this very simple bow so it kind of disappears in the shirt but my earrings are kind of interesting you know they have some of the same colors.

And, so that ties it in. You don't need a necklace in this case.

But if you have big earrings, don't wear a big necklace. If you have big earrings where a small necklace, a simple, simple chain with something on it.

If you have interesting more you know, fun necklace like this is my take instead of wearing regular pearls, I wear these, you know, then you want to wear simpler earrings because you don't want to

compete, okay?

And again, something like this, you, if you did wear black and you put this on it, pretty cool. Pretty interesting.

Hey, that person. I wanna know her. She's not like everybody else. This is how you have to think about using your accessories.

And I'm going to give you, this is really important. I see this happen a lot. People buy necklaces that are long. Okay?

Now, on your headshot, if you were to wear a long necklace, all you have is this.

And then in person, you have something hanging on your stomach. Which is the I don't want anybody looking there.

Yeah.

Just saying, you know, so for the headshot especially, you gotta have the stuff up here.

I'm not saying this one, but I'm giving you an example of. Why wear something long in the head check because it's going to disappear.

So keep

Plus it's gonna make like a valley or a river right down the middle of your chest.

Yes, it depending upon where your chest is it can do that and then again you're bringing you know like if you know eyes up here you know you don't want anything happening you know anybody looking over here you would hear so so those are my you know tips for the headshot be comfortable wear color that is flattering to you, use access.

Show that you have some personality. Some creativity in that you're not like everybody else. Really, really important.

You want to stand out. But in a good way, right? I also want to say, you know, I also do, makeup lessons for my clients.

Make sure you're wearing some makeup for the headshot. Definitely mascara, definitely lipstick.

Otherwise you will disappear. In in the photograph. You have to have something on and if you haven't already booked your hair appointments for the day before you leave for the conference so that you don't have to think about that and try to use that hotel blow dryer that can't even blow a birthday candle out, you know, they're awful.

That's funny.

So, So. So, you know, get your hair done the day before, so you don't have to look your own stuff, you know, but definitely, you know, mascara, lipstick, and if you're, if you, if you do all makeup.

Then do the full face because the camera does make us, disappear a little bit. I will be offering an opportunity for questions.

So, go, you know, keep them in your head or put them in the chat. So packing.

So, when I help my clients pack like I did for Belinda for the debut, what I always do, and it's actually everything in my clients closets like this, everything should be able to combine in multiple multiple

ways.

So you want to pack clothes that they could all go together in different ways. So if you bring, let's say, a scarf, which also by the way works for a headshot.

You can, you know, just. Very gently drape a scarf around you. And then it doesn't go with my tops.

This is awful. But you can just do something like that. And then you have a little color, a little interest.

I mean, you know, it's very pretty. But you want to pack things that can be combined in multiple ways.

That way, if you change your mind in the morning and you say, okay, I don't want to wear this, that way if you change your mind in the morning and you say, okay, I don't want to wear this, you have something else. Cause it just, again, makes you feel terrible because it's such a waste and you.

Paid for the suitcase and all that stuff. So, bring more tops and bottoms.

A lot of women have this thing where they they have more pants than tops and you can't make a bunch of outfits.

If you by changing your pants because that's again no one's looking. Hopefully, no one's looking there.

They're looking here. You know? So you want to take things that Okay, lot of fabrics now like Model, lot of synthetics.

You can just, you know, you can bunch them into a ball and they still come out without having any wrinkles or ironing.

So you want to, you know, do those kind of things, take those kind of things. You definitely want to take some layers because typically at events the air conditioning is in Texas especially it'll be really you know blasting.

And you're gonna be called So, where are some layers? What I call toppers, things you can put over whatever you're wearing so that you have a little snugly, you might want to take a little scarf to those are great for the plane and they're great also for the event.

If you're all staying in the hotel where Belinda is having her event and I hope you are because it's the commute is fabulous.

You want to, you want to You want to make sure that you wear shoes that are comfortable, but if you are wearing shoes that are not that comfortable, If you don't want to run to your room, take a tote with you and put a pair of shoes in there that are comfortable.

You know, maybe some flats or something like that. You can wear sandals when you go to Texas.

It's gonna be warm. It's gonna be warm enough. I think. So last I checked.

Yeah.

So, but you want to be, you know, have the combinations. Do not. Pack all black.

Please, you definitely want to add some color. And black is a wonderful thing to have if it's the right color for you, but if you wear it a lot, especially at a conference, You gotta, first of all, you look like you're in morning, which is never.

You know, great when you're there for fun. And it can make you disappear a little bit.

You know, so especially when you're networking you want to walk into a room and not look like you could disappear into the wall.

Or look like everybody else, you know? So.

Yeah, the of this is step into your power, right? So.

Yeah, and it's all about if you wearing the clothes that make you feel good. You do feel you have more power because if you again if you don't have self-confidence you're losing power you really are you know it's it's a it's a huge problem so you don't again don't think you have to be uncomfortable, but you do want to wear things that fit you and

that's something I go into greater depth. You know, with other presentations with my clients, but basically don't bring anything that will fit you as long as you don't eat breakfast that day.

Don't wear anything that'll, you know, don't bring any shoes that you're okay to wear if it's just the elevated to the chair.

You know, you've got you gotta broaden your horizons. A little bit more. I just covered a lot.

Does anybody have any questions before I close? Is it in the chat? You want to tell me Belinda if anybody has a question?

They, go ahead.

Do you I'll say, do you recommend solids or prints?

It depends upon the person, but for the headshot, I would stick to solids.

Okay.

For their shot. The only time I would say do a print for the headshot because again I don't know exactly what you're talking about, but if you let it wear, let's say a jacket or a topper as I call it, then you can have a little print showing.

You know, but I wouldn't do too much of it because it could be a little distracting.

And think about your website too, like that last photo shoot I had, everything was the color of my logo.

I finally figured out like that would be smart, you know, so, think about where you're gonna use the headshots, you know, like on LinkedIn, it doesn't matter, but if you're gonna put it on your homepage and your logo is yellow, you know, think about how that's how that would work.

Yeah, and, it just so happens though those colors look good on you. It's not necessarily.

I will they have to just they need to coordinate and also you can hire Mark. I've done this for a client.

She decided she didn't like the color of her outfit and he changed the color. I have no idea how much that cost.

That's been expensive. Yeah, but.

But she kept doing it. Yeah, yeah, you can't tell but she just was like, yeah, I wore the wrong color like okay, but just keep it in mind just you know because you know there's there's probably 7 colors I could wear that would look good on my website and there's probably 7 colors I could wear that would look good on my website and there's about you know probably 7 more that would look



terrible. Like red would be terrible on my website. There's no nothing right there at all.

No, right. That's true. So it's okay. If you have, if you have colors that you're using in your website and they and you hold up next to your face or something and they do what I said you know.

A flattering by all means wear them. Absolutely. But I would again I would stick to more solids just for the headshot.

Not for the rest of the world, but for the head shop.

I think people are just saying, they're just making comments.

I, can I read the question here? Jenny wrote. I have Oh, I, I just love what you said.

I felt like a lady of the night in my last headshots and you can hardly tell.

Yeah.

Well, that might go to my point about you wanna wear. The neckline is higher. And Jane says she has to wear a makeup.

Just you have to have a little color on your lips because otherwise you really will kind of disappear. You want you want to, you know, it's not going to look like you're made up.

You can wear a very soft neutral color or a tinted chopstick, you know, but just something so that you don't disappear because the camera does.

Suck a lot out of us, you know, so. Yeah, and it's, she also, if clothing is bring me joy, I would be so rich if I had just simply wrote the book that Maricondo wrote because I've been telling all my clients it's not if it's not good enough for you if it doesn't make you feel good if you put it on and you

don't like your the reaction you're most important the first reaction that you have in the mirror then you shouldn't keep it so I mean I missed out it's obvious I missed out.

Okay.

I wanna, I'm gonna put in the chat. I'm gonna do it now.

This is a link if. You are looking not just for information, but actually transformation and one know how to work with me so that you do have a wardrobe that is perfect for you for every day every occasion and you start having more confidence in how you look and feel, I invite you to book a call and we'll talk about it.

And for the first 4 who book a call with me, I am going to tell you the best neckline for you to wear.

Because that is very important and it can explain a lot of time while you put something on and something's not quite right.

The neckline is the big part of everything that's happening up here. And as I, often say if you want to get personalized dialing tips if you're looking for really knowing and stop not guessing anymore, I invite you to that call.

And I always close now with saying Well, if you don't know the specifics, you're living in style.

Vegas. And what happens in vagueness. Stays in Vegas.

Okay.

Okay. Oh my gosh. You're so fun. I love you.

Okay.

That's great. That's great. So how many outfit choices should we have for the headshot?

So what's gonna happen? Great question, Kate, is each, the, so in order to make this happen, we had to.

It's not a photo shoot. It's simply the headshot. So he's literally gonna click the camera 3 times.

All right, so there won't be any changing close. It'll just you go back, we'll take a deep breath.

My thought is to think of someone you love when you smile. It could be your husband, it could be your cat, it could be your dog, right?

But think of someone you love and your eyes will twinkle. That's proven, it's proven.

And, and, and so, you know, so, and you guys are going to be there the day before too, so you can go back into each other's rooms and.

You know, say this is what I was thinking about wearing, what do you think? You know, you can have slumber party.

For sure. But I would say, yeah, the tips that, Scarlett, gave a great and I'm going to be following them when I.

When I packed, the headshots are gonna be Saturday. We're not gonna have a photographer on No, stop.

The headshots are Sunday. The headshots are definitely Sunday and they're going to be in the afternoon. The photographer's coming at noon.

He's going to stay until

4 and he's going to photograph the the event as well, but he's he's gonna that's why it's like it's really like a 7Â min situation it's gonna be like go in.

Boom, smile, boom, boom, boom. And then, and you can have the raw shots.

And I'm going to turn them into JPEGs. The way that we're doing this so it can be affordable.

He's just gonna dump all the photos on me and my team and I are gonna sort through them and we'll get them to you and and all of that but that was the most efficient way for us to do it with adding so much more to the price of the ticket for the conference.

Jenny. Oh.

Yeah. I just wanted to say, you know, yeah, definitely you can ask each other what you think, but I, I really want you to really go by your own instinct and look in the mirror and feel good because I know too many people who wear things that's I really want you to really go by your own instinct and look in the mirror and feel good because I know too many people who wear things that somebody or their friend or their mother or the

sales person said is fabulous on you, but they don't feel it. So I don't want you to get talked into anything.

You know it. When you put it on, you know it. And that's what I want you to go by.

Sorry.

No, no, that's good. That's good. Lauren says, will you help us with how we hold our head pose?

I look like a robot in my LinkedIn shot. Yeah, I'll ask him to do that.

Do you have any tips on that, Scarlett, about how you should hold your head?

Well, yes, there is one and some case we're talking, doesn't tell you.

You're gonna feel a little silly, but it looks good on the pictures. You have to stick your head out.

Like you have an issue and then put your head slightly down. And that helps remove certain things here. So, so if I want like a, so if we do this, this is great.

Don't take a picture. Please, Belinda, if you do this, it's it's happens because you're nervous right so you want to kind of just relax take a deep breath stick your head out little bit and put it slightly down.

You wanna be like a turtle.

This, this is like, yeah, this is like, oh god, please make this stop now.

I know that's true right because this is like okay let's just let's emphasize all the things we don't like.

Right.

Yeah, yeah, I agree with sticking your head out a little bit because it just makes this all kind of work.

Yeah, it makes it because you don't have all the double chin stuff and everything happening and all the lines.

So little bit out. I mean, no one, you can't tell that you're doing that and a little bit down, you know?

And then just take a breath and go. A photographer would typically tell you who this way, move that way, but they don't always tell you to do that.

So thank you.

They won't. Yeah. Yeah, he's not thinking about it. Yeah.

Probably.

And one outfit is really all you need. It truly is. And the other thing, and I was it, don't do.

This.

Yeah.

Yeah.

You see it a lot, you know, you know? And I do, and I do want to emphasize something that, you know, make sure that When you have your headshot done that afterwards you still look like that person, right?

Like I think it was Jenny said, you know, and she said it was really the makeup that was too much.

You want to look like you so that you know anybody ever goes someplace and hear somebody speak or see them on zoom and then they're like That's their picture.

Who's this person talking to me? Because they don't look like that, right? We don't want to be one of those people, you know, so make sure you know you are wearing the makeup and the clothes that you would ordinarily wear also, you know, so that you are that same person because I cannot tell you how many times like I was in the city a few weeks ago at an event and on

the screen behind them was there a logo and their headshot and then on the stage with somebody clearly 10 years or so older.

And there was, wasn't even like. Who was this person? And so myself and somebody else, but like we didn't hear a single thing they said because we kept looking at that picture and going.

Yeah.

Like. So you want to make sure that you keep up the good work. Well, you know, when you worry that headshot and you're all put together and you take those breaths and you and you feeling good, you keep it going afterwards so that people don't see like that thing like, who is this person?

The body snatcher. So.

That's awesome. And Lauren made up a point. I love this because so she said practice practice practice practice.

So yeah, so you guys have people in your life, right? Or you have a tripod that you can click the button.

I would I would strongly encourage you to practice. Because you'll know what it feels like. You know, we can tell what our body feels like and so even if it feels weird to have your neck out and you know your head down or whatever your chin down practice it so you feel it And you know it's successful.

Look at the picture right before he takes it, right, to give yourself a boost. I'm like, okay, there you go.

If you have a Mac, you have photo booth on it. It can't get any simpler than that.

You know, use that, take a whole bunch of pictures of yourself and, and, and, and figure it out.

But don't get so caught up in trying to get the right pose because then you're going to be in your head.

Right.

And I want I want you to be relaxed. So just, but yeah, but try, try the, out thing.

Yeah.

You know, it's lovely. I never do a person because I will, you know, but I will for a photo.

Absolutely, that's great. That's great. Yeah, yeah.

So what do you think? What do you suggest for somebody that hate shopping? That's petite and that I've got 2, I've got one dress that's blue.

The other one's bright yellow. So it's like. I'm definitely going with blue because my eyes are bright blue.

Well.

But it's also Paisley. So. Thank you.

Please, the muted print though, right? I mean, is it muted the print?

For the most part, it's like a turquoise necklace type of That's what it reminds me of.

Yeah. That's what you got. That's what you wear. It sounds great.

Book a call with me because a lot of my clients are petite. It's hard for you guys to find clothes.

Hmm.

I know it's sucks. but they're out there. It's just They're out there and I and I find them but for now wear that because it sounds like something that you feel good in, right?

You don't have to wear a dress. You could wear pants and a top too because it is after all just a headshot.

Well, that's what I was wondering too, cause I have a pink like salmon colored shirt.

Cause I could just wear jeans and a shirt, cause the tops the only thing that matters.

Correct.

Okay.

And my colors are like or pink and green. On my website so I didn't know if that would make a difference.

But I would probably wear the solid top then and not worry about the Paisley. Where the where the dress for the event one day for the event if you want, you know, and then for the headshot where the solid color.

Okay. Thank you.

Welcome.

Yeah, that's one of Scarlett's super powers that she knows, she knows all the brands.

So she's like, this is these are your brands. Where are you going? And I have to tell you one more Scarlets, for you left.

So this is how I got my wedding dress. So first of all, I've worked with Scarlet for years, so I trust her.

So that, you know, that's part of it. So you can transfer too. But basically she sent me, I said, I'm getting married, she's like, yay, she sent me.

3 pictures. I chose the one that I liked. She went back. I think she sent me 5 dresses.

I picked 2. I bought them. I had them sent to my house. I tried them on and I was done.

That was it. Like seriously. And then when it came to the shoes, I put the dress on.

I stood in the mirror, took a picture, same with the earrings I texted you in the store.

I'm like about these and I texted her a picture and within I don't know a very reasonable amount of time there were shoes and I just clicked the button and they came to my house and I was done.

So it's very, it's for people who are efficient. It's very efficient and who Just cause clothing.

Yeah.

Right.

And it's it's also nice to feel good about yourself and to not keep thinking. Have to lose weight or you have to do something else or you know, hey something else will happen and you know the sky will open up and the right flows will fall out they don't and the stores are not very helpful so that's where I come in.

Alright, so thanks for staying late, you guys. I know we're over time. Anything else for Scarlett or for me, guys. I know we're over time.

Anything else for Scarlett or for me before we go, we're gonna have an info session tomorrow about the conference just because I want to make sure everybody feels, you know, all tucked in and and happy about everything that's going on and get all our questions answered.

Okay. Alright, thank you, Scarlett. Thank you so much for coming. I really appreciate it.

And yeah, you guys, this is gonna be fun. Wear something that makes you feel fabulous, okay?

And something hugable, there's gonna be a lot of hugs happening. Alright, good.

Yeah.

Hi.

SorryThank you